



The Japanese Art Of Decluttering Your World: Understanding The Ancient Principles Of Minimalism And MA...: Magical Life Changing Words for ... Junkie, Organizational Skills) (Volume 1)

DubC Haynes

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The Japanese Art of De-Cluttering Your World - Understanding the Ancient Traditional Principal of Minimalism and MA.... Don't you just love coming into a well-organized living Space with all the things that you love in perfect order. Isn't it a wondrous feeling when you've eliminated all the clutter in your home? Just walking into a room with a low or total lack of clutter allows your most prized possessions to stand out.

> The art of de-cluttering your world using Japanese influence is best described by the term Ma Ma is the void that exists between all things. By using negative space, you are giving things a place in existence that allows them to stand out on their own, and therefore have greater meaning. Emptiness is not a void, and should not be viewed as one. Emptiness is full of possibilities and should be embraced. Much like an empty canvas has the potential to bring any array of emotions to life; the emptiness of Ma can be used to produce any emotions or conditions you wish. In this consumer-driven world, the idea that less is more often feels counter-intuitive. Advertisements and media-driven frenzies teach you that in order to truly be happy you need more, more and more. Few think to consider if the excessive amount of belongings they acquire add value to their lives. People often purchase products that are not useful that are often relegated to a life of collecting dust in a dark corner of a closet without even being aware that they are creating clutter. Suddenly, an avalanche of forgotten purchases attacks them when they open a closet door, and they sincerely wonder how they acquired so much junk. This is the lack of "MA" When you been a little stressed from one thing or another, you enter into your nice clean organized space and are overwhelmed with a feeling of utter joy. This feeling is a piece of mind created by MA that every one of us yearns for. In Japanese for the peace of mind you feel is called, "heijoshin" In this book, you will learn the valuable Japanese Art of Decluttering Your World and Life, you will learn about the way of the minimalist. You will discover the essence of the Japanese aesthetic which looks at the void that exists between all things. This void, full of possibilities yet to be fulfilled, is the Japanese concept called MA. Pronounced "maah" The Japanese minimalist view is when an area has too much clutter, it's not because there are too many things, but the pressing down feeling that you get is because there is not enough MA. If you are wanting harmony in your home and you want to now more about MA and the minimalist philosophy, THEN LOOK NO FURTHER!!! This is the book for you!!! So Scroll Back Up and Click Buy!!! You Will Be Glad You Did!!! TAGS:japanese art of decluttering,japanese art of tidying up,japanese art of organizing,decluttering junkie,decluttering and organizing,decluttering your home,miracle of the declutter

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