



The Mind Map Book: Unlock Your Creativity, Boost Your Memory, Change Your Life

Tony Buzan, Barry Buzan

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Tony Buzan is the inventor of Mind Maps and The Mind Map Book is the original and best book on how to use them effectively in your own life. Often referred to as 'the Swiss army knife for the brain', Mind Maps are a ground-breaking, note-taking technique that have already revolutionised the lives of many millions of people around the world and taken the educational and business world by storm. This practical full-colour book will transform the way you plan and organise your life. At school they're perfect for taking notes, revising for exams and planning essays; at work they're great for improving your organisational skills, preparing and running meetings and planning strategy; and in your personal life, no matter what you're trying to plan, be it a wedding, a garden or even your own future -- Mind Maps can help. Discover how Mind Maps can boost your memory, unlock your creativity, improve your concentration, revolutionise how you think and learn. Discover today how Mind Maps can change your life.



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