



What Was I Thinking? A Review Of Relationships

Glenn Stok

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This book is an insightful discussion for those who want to settle down and get past commitment issues. It's for those who want to share their life with someone and enjoy years of building memories that they can look back on in old age with the feeling of satisfaction. Yet, they are somehow misguided. Either by their own insecurities, or by prior unconscious lessons learned in childhood. Personal examples help recognize the issues that make us stuck with repeating negative patterns. Although it is written from a male point of view, the frank and honest discussions offer helpful guidance for women too. Mr. Stok writes from "life experience" and gives the reader effective guidance and understanding; something that can be used throughout the rest of their life. ISBN 978-1-4357-0147-2

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