



How To Date Older Men (The Younger Women's Guide)

Audarshia Townsend

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Michael Douglas shares a birthday with his wife, Catherine Zeta-Jones, and also happens to be 25 years her senior.

As plucky, young, unlucky-in-love lawyer Ally McBeal, Calista Flockhart found herself suddenly a small screen star and soon thereafter, the leading lady in Harrison Fords life. He is 22 years older than her.

And Beyonces 2008 anthem Single Ladies (Put A Ring On It) served as a how-to guide for bachelorettes everywhere. Perhaps it even helped reel in her rap mogul boyfriend, Jay-Z, to marry her months before the song even debuted. With a 12-year age difference between them, they manage to make it work.

Older men and younger women. Long before Hugh Hefner emerged as the poster boy for snapping up all the Pretty Young Things, Men of a Certain Age chased their nubile counterparts. But as with all relationships, it takes more than animal attraction for these types of unions to succeed.

If you have the chemistry and compatibility that keeps you enjoying each other in and out of bed and you both want the relationship enough, you bridge the gap and support each other, writes Dr. Laura Grashow on FOX News (Are Older Men "The New Catch?").

MEET THE AUTHOR

An obsession with Chicago's vibrant dining and drinking scenes drove Audarshia Townsend to first write for respected publications like Essence, Chicago Reader and the Chicago Defender. And her foray into the online world began as one of the first two editors at metromix.com--where they set the tone for the successful entertainment site's cutting-edge style. She also has written lifestyle features for the Chicago Tribune, Los Angeles Times and Upscale magazine.

EXCERPT FROM THE BOOK

Of course shes not telling women to fill out an application for Harvard Law School, but showing an interest in world events, politics, the financial sector, or technology could work to the womans advantage. She should pick up a book, read periodicals and websites beyond gossip and fashion, and watch CNN, C-Span, and CNBC. Experts also recommend for her to just listen to him to learn his interests. Theres always the possibility that hes not interested in any of those topics and only wants to talk about NASCAR!

The standard nightclub tops the list of places to avoid particularly for matchmaker Patti Stanger. Older men hanging out where twentysomethings frequent likely suffer from mid-life crisis.

Get Used To Him Treating You Differently Than Most Guys Your Age

According to experts, mature guys certainly differ from their younger counterparts in that they offer years of experience, and younger women should be prepared for different treatment. Acts of chivalry come natural for

most, and a woman seeking or in a relationship with an older man should get used to it, writes relationship expert Dr. Ronn Elmore of Finding Soulmate Success (Opening to Dating Older Men?)...

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CHAPTER OUTLINE

How To Successfully Date Older Men

- + The Allure of the May-December Romance
- + So You're Interested In Dating An Older Man, Now What?!
- + Common Mistakes To Avoid
- + Top Five Tips To Successfully Date An Older Man
- + ...and much more

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Rebecca Wheeler:

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Timothy Lumpkin:

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Caroline Gonzalez:

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Marie Miles:

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