



An Introduction to Family Therapy: Systemic Theory and Practice

Rudi Dallos, Ros Draper

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The third edition of *An Introduction to Family Therapy* provides an overview of the core concepts informing family therapy and systemic practice, covering the development of this innovative field from the 1950s to the present day.

The book considers both British and International perspectives and includes the latest developments in current practice, regulation and innovation, looking at these developments within a wider political, cultural and geographical context. The third edition also contains:

- A new chapter on couple therapy
- A new chapter on practice development up to 2009
- Sections highlighting the importance of multi-disciplinary practice in health and welfare

Lists of key texts and diagrams, suggested reading organized by topic, and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice.

This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling, psychology, social work and the helping professions who deal with family issues.

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