



Dalai Lama: 101 Greatest Life Lessons, Inspiration and Quotes From Dalai Lama (A Force for Good, The Art of Happiness, Meditation)

Chris Johnston

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Dalai Lama

101 Greatest Life Lessons, Inspiration and Quotes From Dalai Lama

Many people have heard of the Dalai Lama, but few in the Western world seem to even know what his religious and political ties are, much less what his teaching entails.

If you have ever felt a longing for some simple words of advice on life, or just wanted to know a little more about the Dalai Lama and the background of his position without needing to do a lot of intense research, this is the book for you.

You'll find many of his teachings, some of his own words directly quoted, a brief background on the position of Dalai Lama and what it means to Tibet and the world, a short biography of the 14th and current holder of that title, and a summary of the awards he's been given, the dignitaries he's met, and the international trips he's taken.

If you want to learn about his legacy, look no further than this book.

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