



The Complete Scarsdale Medical Diet

Herman; Baker, Sam S. Tarnower

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Presents menus and recipes for the Scarsdale's weight-loss diet program

Title: The Complete Scarsdale Medical Diet

Author: Tarnower, Herman/ Baker, Samm Sinclair

Publisher: Random House

Publication Date: 1995/02/01

Number of Pages:

Binding Type: PAPERBACK

Library of Congress:

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