



Cognitive and Behavioral Interventions in the Schools: Integrating Theory and Research into Practice

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This book offers a new framework for providing psychological services in schools at the individual, group, and systemic levels. It examines a variety of disorders common to school children, including anxiety, depression, ADHD, and conduct disorder, and outlines treatment options from evidence-based cognitive and cognitive-behavioral methods. The accessible real-world guidelines enable readers to design, implement, and evaluate interventions relevant to diverse student needs. Ethical, competency, and training concerns facing school practitioners in the new therapeutic environment are reviewed as well.

Featured areas of coverage include:

- Behavioral assessment in school settings.
- PTSD and secondary trauma in children and adolescents.
- Transdiagnostic behavioral therapy for anxiety and depression in school.
- CBT for children with autism spectrum and other developmental disorders.
- Implementation, technological, and professional issues.
- The Practitioner's Toolkit: evidence-based cognitive and behavioral interventions.

Cognitive and Behavioral Interventions in the Schools is an essential resource for professionals and scientist-practitioners in child and school psychology, social work, behavioral therapy, psychotherapy and counseling, and educational psychology.

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