



Another Country: Navigating the Emotional Terrain of Our Elders

Mary Pipher

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A New York Times Bestseller

There are more older people in America today than ever before. They are our parents and grandparents, our aunts and uncles and in-laws. They are living longer, but in a culture that has come to worship youth--a culture in which families have dispersed, communities have broken down, and older people are isolated. Meanwhile, adults in two-career families are struggling to divide their time among their kids, their jobs, and their aging parents--searching for the right words to talk about loneliness, forgetfulness, or selling the house.

Another Country is a field guide to this rough terrain for a generation of baby boomers who are finding themselves unprepared to care for those who have always cared for them. Psychologist and bestselling writer Mary Pipher maps out strategies that help bridge the gaps that separate us from our elders. And with her inimitable combination of respect and realism, she offers us new ways of supporting each other--new ways of sharing our time, our energy, and our love.

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