



The Monogamy Challenge: Creating and Keeping Intimacy

Peter Kane

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"The Monogamy Challenge" goes beyond helping partners resolve attractions to others: it also helps to create and sustain vital and passionate monogamous relationships. The authors 30+ years as a counselor and workshop facilitator have created a groundbreaking, deep and practical book, helping readers resolve the many issues that make intimacy and monogamy difficult. Since our whole life is about our relationship with ourselves and others, this book is also about creating success, intimacy and connection in every area of our lives.



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Playing with family in the park, coming to see the sea world or hanging out with buddies is thing that usually you might have done when you have spare time, and then why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Monogamy Challenge: Creating and Keeping Intimacy, you could enjoy both. It is fine combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't understand it, oh come on its called reading friends.

Carla Helton:

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