



Body Image, Eating Disorders, and Obesity in Youth: Assessment, Prevention, and Treatment

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This book examines the relationship between body image disturbances and eating disorders in our most vulnerable population: children and adolescents. Editors J. Kevin Thompson and Linda Smolak present a dynamic approach that combines current research, assessment techniques, and suggestions for treatment and prevention. Contributing authors offer techniques for treating obesity and eating disorders in children, point to possible sources of these disorders, map out the subtleties of working with youth of diverse ethnicities, and elucidate the connection between sexual abuse and body image.

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