



Coaching Girls' Basketball Successfully: The American Sport Education Program Leader Level Girl's Basketball Book

Jill Hutchison

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Most basketball coaching books present skills and drills. In Coaching Girls' Basketball Successfully, you not only learn the skills, you also learn how to teach the skills successfully to your players.

This unique text contains:

- The building blocks of a successful basketball program
- Over 50 drills and activities
- Eight-week seasonal plans and sample practice plans for three different age levels
- Coaching points and teaching progressions that make learning easier for your players
- Six chapters devoted solely to defensive play and strategy
- 180 illustrations showing various drills and proper technique

Coaching Girls' Basketball Successfully is designed to be used by coaches of players from upper elementary school through high school. It is the best text to help you teach basketball basics more successfully.



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