



The Shift: Taking Your Life from Ambition to Meaning

Dr. Wayne W. Dyer

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The Shift—a companion book to the movie of the same name—illustrates how and why to make the move from ambition to meaning. Such a shift eliminates our feelings of separateness, illuminates our spiritual connectedness, and involves moving from the ego-directed *morning* into the *afternoon* of life where everything is primarily influenced by purpose.

As we contemplate leaving the morning of our life, where ego has played a commanding role, and entering the afternoon (and evening), where meaning and purpose replace ambition and struggle, we may encounter unexpected occurrences that accompany this new direction. It's almost a universal law that we'll experience a fall of some kind. Yet these falls or low points provide the energy we need to move away from ego and into a life of meaning and purpose.

The Shift doesn't mean that we lose our drive and ambition; it signifies that we become ambitious about something new. We make a commitment to living a life based on experiencing meaning and feeling purposeful, rather than never-ending demands and false promises that are the trademark of the ego's agenda.

As **Dr. Wayne W. Dyer** so eloquently reveals in these pages, we all have the choice to shift our lives from ambition to meaning . . . and thereby complete our return to the Source that created us.

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