



**Smoothies: 100 Super Smoothies For Weight loss,
Boosting Metabolism and Well Being FREE
BONUS INSIDE: For Weight Loss, Increase
Immunity, Body Alkalization, Gut Restoration,
Energy, Hydration**

Better Health Vitality

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"Wow! I've Never Had So Much Energy In My Life... and I Lost 6 Pounds In The Process!"

*****Limited Time Offer, Get Blending For .99c Today! Before it Goes Back Up to 4.99**

Smoothies For Weight Loss & Well Being

Are an easy way for getting a wealth of nutrients, vitamins, minerals, and macrobiotics. They are absorbed quickly to efficiently nourish every sing cell into the body.

These recipes will keep you fuller for longer, end those mid-afternoon energy slumps, kill sugar cravings and even boost your immunity to fight off disease. They have been tried and tested to give you the satisfy your bodies needs with all the nutrients, fibre and protein for a healthy body and mind.

You Will Find Smoothies For:

- Energizing your mornings and power through your afternoons with recipes that take seconds to prepare and minutes to consume for lasting energy
- Beautiful glowing younger looking skin, one of these smoothies every couple of days will turn back the hands of time for your skin...
- Boosting your metabolism with green tea, pineapple and pistachios; melt away that belly fat with 10 of the fastest fat burning recipes for weight loss...
- Increasing your Immunity, fight off disease and prevent cold and flu viruses. Don't get sick when everyone else is...

Making smoothies are the easiest and most effective way for your body to absorb all the nutrients fast.

Bounce out of bed in the morning full of energy to take on the day.

With the combination of fruits vegetables nut milks and superfoods, these recipes have been tried and tested to make you feel and look great!

The Smoothie Advantage:

- Lots of fruit and vegetables easily digestible keeping you fuller for longer

- Large amounts of vitamins and minerals to keep your immune and gut healthy wards off disease and any other problems
- Easy and Fast to make, just get all the ingredients ready the night before, throw them in the blender and Presto! Your nutrient rich smoothie ready for drinking!
- Lose Weight faster! Decrease those sugar cravings, Increase your Metabolism to burn off those extra pounds
- Improve muscle strength and athletic performance

Whether you want to lose a few extra pounds or get that beach body ready for summer these delicious recipes will taste so good you would think they are bad for you. Restoring your gut function (making those trips to the toilet easier) , energize your mornings and just plain feeling better... Like a kid again...

These days, people are consuming too many calories and not enough of the vitamins & minerals, which help keep the body running efficiently. Just taking one of these smoothies a day will increase your health and performance making you feel amazing. Once you start you'll find it hard to stop because you will see the enormous difference in energy levels which will make you feel great!

Good Luck and Happy Blending! :)

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Edward McCain:

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Richard Daniels:

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Ronald Canty:

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